



Overview

MINIMUM AGE: 17 (limited places available for 17 year olds)

DEPARTS: Jan / Mar

LENGTH: 6 to 11 months (depending on placement role)

ROLES AVAILABLE:

- Caring Assistant
- Outdoor Activities Instructor

Why UK/Ireland?

The UK - land of red telephone boxes, cockney slang, and fish and chips! What about Ireland, with Leprechauns, clovers, and Guinness! The UK and Ireland have long drawn young travellers in search of adventure and discovery.

Where are the placements?

The majority of placements are in England, with only a few in Wales, Scotland and Ireland.

Is it for me?

Caring placements are in residential homes and generally involve working with adults with a variety of disabilities. Work may involve helping out with the feeding and dressing of residents, leading activities such as art, sport, and music, or taking outings to places of interests such as the theatre, seaside, or local pub! The aim is to support, enable, entertain, and befriend residents. These placements enable volunteers to make a small but significant difference to people's lives.

Outdoor Activity placements vary from big organisations with a large number of seasonal young staff, to small family-run operations. The work will be varied and usually includes the chance to instruct school groups in

Placement Locations



activities such as archery, ropes, abseiling, orienteering, assault courses, canoeing, and team building games as well as undertaking chores such as cleaning, kitchen duties and gardening.

Schools Assistant placements are at preparatory schools for seven to 13 year olds (some have pre-prep departments for children from three years old), senior schools for 13 to 18 year olds, or schools which combine some or all of these. Many are single-sex schools. Volunteers are usually based in the boarding houses or PE/sports departments, but most schools try to give the volunteer a varied timetable. Pocket money earned at UK and Ireland placements varies from £40 to £50 per week. Some Outdoor Activity placements are unable to provide pocket money.

Accommodation and Food

Some Caring and Outdoor Activity placements rely on large numbers of volunteers from all over the world, so they often form their own little community. Accommodation varies with each placement but usually comprises of a shared house or flat. Some placements will provide food, while others will set up a system of self-catering for volunteers.

With Schools Assistant placements, you will be provided with your own room in the boarding house and food will be supplied by the school canteen.

Travel

There is plenty of opportunity to travel. If you are at a school then you can travel during the school holidays. For all other placements you will have the time to travel at the end of your placement. Public transport is efficient and accessible in most parts of the UK and Ireland, so volunteers should take the initiative and plan regular trips to visit other volunteers around the country!

Need to know

- Pre departure briefing: All volunteers will be invited to a group briefing prior to departure .
- On arrival: The majority of volunteers will attend a two-day orientation course at Reading University, while others will receive an orientation upon arrival at their placement.

What's included

- Interview (face to face or by phone)
- Pre-departure briefing
- Airport pickup (if on group flight)
- Accom, food & pocket money
- In-country orientation & support
- 24/7 emergency support

Costs

The costs shown are for Lattitude projects departing in 2011. (Please note that these prices may change for projects departing in 2012.)

Lattitude Fees (these are exact costs)

Lattitude application fee	\$125
Lattitude contribution fee	\$2900
Lattitude teaching skills course	N/A
Lattitude in-country orientation	\$319

You will also need to budget for the following (these are approx costs)

Travel insurance (12months)	\$735
Return airfares (approx cost of group flight)	\$2500
VISA (involves travel to a British consulate)	\$248
Police Check	\$43
Total cost (approx)	\$6870



"It's coming to the six month mark of my placement and already I am starting to look back on this adventure and all the fun I've had during what feels like the shortest six months I have ever lived through. My placement is at a junior co-ed boarding school in a small town called Brackley, which is only an hour and a bit away from the amazing city of London! Some of the duties I do at the school include watching out for the kids during break times, taking games (PE) sessions with the girls and working with the younger boys in the boarding house. The experience has been great fun and the school is so pretty and very English!"

Jacqui Temlett, Schools Assistant, Winchester House School, Brackley